



## 7th and 8th Grade Bell Schedule 2022-2023

| Monday<br>All Periods |                   | Tuesday<br>A Day |                   | Wednesday<br>B Day |                   | Thursday<br>A Day + Advisory |                   | Friday<br>B Day + Advisory |                   |
|-----------------------|-------------------|------------------|-------------------|--------------------|-------------------|------------------------------|-------------------|----------------------------|-------------------|
| Period 1              | 9:30-10:10 AM     | Period 1         | 8:45-10:35 AM     | Period 4           | 8:45-10:35 AM     | Period 1                     | 8:45-10:20 AM     | Period 4                   | 8:45-10:20 AM     |
| <i>Nutrition</i>      | 10:10-10:20 AM    |                  |                   |                    |                   |                              |                   |                            |                   |
| <i>Advisory</i>       | 10:25-10:45 AM    | <i>Nutrition</i> | 10:35-10:45 AM    | <i>Nutrition</i>   | 10:35-10:45 AM    | <i>Nutrition</i>             | 10:20-10:30 AM    | <i>Nutrition</i>           | 10:20-10:30 AM    |
| Period 2              | 10:50-11:30 AM    |                  |                   |                    |                   |                              |                   |                            |                   |
| <i>Lunch</i>          | 11:30 AM-12:00 PM | Period 2         | 10:50 AM-12:40 PM | Period 5           | 10:50 AM-12:40 PM | Period 2                     | 10:35 AM-12:10 PM | Period 5                   | 10:35 AM-12:10 PM |
| Period 3              | 12:05-12:45 PM    |                  |                   |                    |                   |                              |                   |                            |                   |
| Period 4              | 12:50-1:30 PM     | <i>Lunch</i>     | 12:40-1:10 PM     | <i>Lunch</i>       | 12:40-1:10 PM     | <i>Advisory</i>              | 12:15-12:50 PM    | <i>Advisory</i>            | 12:15-12:50 PM    |
| Period 5              | 1:35-2:15 PM      |                  |                   |                    |                   |                              |                   |                            |                   |
| Period 6              | 2:20-3:00 PM      | Period 3         | 1:15-3:00 PM      | Period 6           | 1:15-3:00 PM      | Period 3                     | 1:25-3:00 PM      | Period 6                   | 1:25-3:00 PM      |



## Grades 7-8 Minimum Day Schedule 2022-2023

|                        |                     |
|------------------------|---------------------|
| <b>Mindful Morning</b> | 8:45 am - 8:55 am   |
| <b>Period 1 or 4</b>   | 8:59 am - 10:08 am  |
| <b>Nutrition</b>       | 10:08 am - 10:18 am |
| <b>Period 2 or 5</b>   | 10:23 am - 11:32 am |
| <b>Period 3 or 6</b>   | 11:36 am - 12:45 pm |





## Grades 9-12 Minimum Day Schedule 2022-2023

|                      |                   |
|----------------------|-------------------|
| <b>Period 1 or 5</b> | 8:30-9:24 AM      |
| <b>Nutrition</b>     | 9:24-9:34 AM      |
| <b>Period 2 or 6</b> | 9:39-10:33 AM     |
| <b>Period 3 or 7</b> | 10:38-11:32 AM    |
| <b>Period 4 or 8</b> | 11:37 AM-12:30 PM |