



CELEBRATE



**SAMUELI CHARTER SCHOOL
L2HS - Lunch 9-12**

Monday	Tuesday	Wednesday	Thursday	Friday
October 2, 2017 BAKED CHICKEN NUGGETS ^ BBQ Sauce TURKEY HAM & CHEESE SANDWICH ^ Mayonnaise French Fries Broccoli Diced Pears Grape Juice Ketchup Multi Grain Sun Chips ^ Choice of Milk	October 3, 2017 CHEESE PIZZA ^ TURKEY BURGER WITH POTATO WEDGES Wrapped Hamburger Bun ^ Chipotle Ranch Ketchup Mixed Vegetables Orange Sorbet 100% Juice Diced Peaches Choice of Milk	October 4, 2017 *NATIONAL TACO DAY!* TACO MEAT Tortilla Rounds ^ POPCORN CHICKEN ^ Baby Carrots Fat Free Ranch Dressing BBQ Sauce Taco Beans Salsa Cup Pineapple Tidbits Fresh Fruit Snickerdoodle Cookie ^ Choice of Milk	October 5, 2017 CRISPY CHICKEN FILLET ^ BBQ Sauce Wrapped Hamburger Bun ^ MEATLOAF PANINI ^ Ketchup Whole Kernel Corn Baby Carrots Fat Free Ranch Dressing Fresh Fruit Choice of Milk	October 6, 2017 BAGEL DOG ^ Mustard Ketchup Diced Carrots PIZZA DIPPERS ^ Marinara Dipping Sauce SunSet Sip Juice Fresh Fruit Mixed Fruit Cup Choice of Milk
October 9, 2017 *BREAKFAST FOR LUNCH* FRENCH TOAST STICKS W/SAUSAGE ^ Syrup DELI SUB SANDWICH ^ Mustard Potato Rounds SunSet Sip Juice Diced Peaches Pineapple Tidbits Ketchup Choice of Milk	October 10, 2017 *NEW* - Build Your Own Wrap BUFFALO CHICKEN Soft Tortilla ^ MINI CORN DOGS ^ Ketchup Maple Baked Beans Diced Carrots Blended Fruit Juice Strawberry Applesauce Chocolate Chip Minis ^ Choice of Milk	October 11, 2017 SWEET & SOUR PINEAPPLE MEATBALLS & RICE ^ CHICKEN NUGGETS WITH POTATO ROUNDS ^ BBQ Sauce Ketchup Mixed Vegetables Fresh Fruit Grape Juice Chocolate Cookie ^ Choice of Milk	October 12, 2017 *NEW ITEM* CHICKEN RANCH FLATBREAD Baby Carrots Light Ranch Dressing CHEESE PIZZA ^ Tropical Veggie Juice Fresh Fruit Fresh Fruit Choice of Milk	October 13, 2017 *MAKE YOUR OWN PITA* CHEESEBURGER Ketchup Sriracha Ketchup Wrapped Hamburger Bun ^ HUMMUS CUP Pita Bread ^ (2) Romaine Salad Pickle Chips Cucumber Coins Light Ranch Dressing Mixed Fruit Cup Orange Juice Choice of Milk
October 16, 2017 CHICKEN TENDERS W/SWEET POTATO PUFFS ^ BBQ Sauce Ketchup TURKEY SALAMI & CHEESE ON A WHOLE WHEAT BUN ^ Pickle Chips Mayonnaise Mixed Vegetables Applesauce Cup Diced Pears Vanilla Cookie ^ Choice of Milk	October 17, 2017 HOT DOG WITH POTATO ROUNDS Mustard Ketchup Wrapped Hot Dog Bun ^ CHEESY PARM WRAP ^ Country Blend Vegetables Blended Fruit Juice Mixed Fruit Cup Cherry Cookie ^ Choice of Milk	October 18, 2017 BBQ CHICKEN CHARBROILED HAMBURGER Mustard Ketchup Wrapped Hamburger Bun ^ Maple Baked Beans Diced Carrots Diced Peaches Orange Juice Choice of Milk	October 19, 2017 *NEW ITEM* BEEF & CHEESE SOFT TACO ^ Corn Taco Sauce CHICKEN DIPPERS W/TOMATO PARMESAN SAUCE Breadstick ^ Broccoli Fresh Fruit Orange Pineapple Juice Choice of Milk	October 20, 2017 NO SCHOOL
October 23, 2017 MEATLESS MONDAY** PIZZA DIPPERS ^ GRILLED CHEESE PANINI ^ Marinara Dipping Sauce Mixed Vegetables Applesauce Cup Grape Juice Choice of Milk	October 24, 2017 CHICKEN FRIES W/TRI TATORS ^ BBQ Sauce Ketchup MACARONI & CHEESE ^ Baby Carrots Fat Free Ranch Dressing Whole Kernel Corn Mixed Fruit Cup Pineapple Tidbits Pretzel ^ Choice of Milk	October 25, 2017 *NEW ITEM* RANCH TURKEY BURGER Ketchup Mayonnaise Wrapped Hamburger Bun ^ PEPPERONI PIZZA ^ Maple Baked Beans Garden Vegetables Fresh Fruit Orange Juice Choice of Milk	October 26, 2017 POPCORN CHICKEN ^ Breadstick ^ BBQ Sauce HOMESTYLE SALISBURY STEAK W/GRAVY Wrapped Hamburger Bun ^ Broccoli SunSet Sip Juice Diced Peaches Diced Pears Choice of Milk	October 27, 2017 ROTINI BAKE ^ MINI CORN DOGS ^ Diced Carrots Ketchup Green Beans Fresh Fruit Blended Fruit Juice Raspberry Cookies ^ Choice of Milk
October 30, 2017 BAKED CHICKEN NUGGETS ^ BBQ Sauce TURKEY & CHEESE SANDWICH ^ Mayonnaise French Fries Broccoli Diced Pears Orange Juice Ketchup Corn Muffin ^ Choice of Milk	October 31, 2017 CHEESE PIZZA ^ SLOPPY JOE Wrapped Hamburger Bun ^ Mixed Vegetables Grape Juice Diced Peaches Choice of Milk	November 1, 2017	November 2, 2017	November 3, 2017

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

PREFERREDMEALSMENU.COM

FEATURE FOOD DAYS

NATIONAL SCHOOL LUNCH WEEK

NATIONAL TACO DAY

MEATLESS MONDAY

BREAKFAST FOR LUNCH

MAKE YOUR OWN

NEW ITEMS

BUILD A BETTER BURGER

MAKE YOUR OWN SALAD