



**CELEBRATE**



## SAMUELI CHARTER SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
<b>October 2, 2017</b>	<b>October 3, 2017</b>	<b>October 4, 2017</b>	<b>October 5, 2017</b>	<b>October 6, 2017</b>
APPLE JACKS ^ Vanilla Waffle Square ^ Craisins Grape Juice Choice of Milk	BEEF SAUSAGE ON A BISCUIT ^ Diced Peaches Blended Fruit Juice Assorted Jelly Choice of Milk	VANILLA YOGURT Granola ^ Applesauce Cup Orange Juice Choice of Milk	MAPLE PANCAKES ^ Fresh Fruit Orange Juice Choice of Milk	FROSTED MINI WHEATS ^ Animal Grahams ^ Fresh Fruit Apple Juice Choice of Milk
<b>October 9, 2017</b>	<b>October 10, 2017</b>	<b>October 11, 2017</b>	<b>October 12, 2017</b>	<b>October 13, 2017</b>
STRAWBERRY BANANA YOGURT Granola ^ Craisins Apple Cherry Juice Choice of Milk	WAFFLES ^ Pineapple Tidbits Orange Juice Syrup Choice of Milk	FROSTED FLAKES ^ Graham Crackers ^ Fresh Fruit Apple Juice Choice of Milk	EGG & CHEESE BAGEL ^ Fresh Fruit Blended Fruit Juice Choice of Milk	CINNAMON CHEX ^ French Toast Breakfast Bar ^ Cinnamon Applesauce Orange Pineapple Juice Choice of Milk
<b>October 16, 2017</b>	<b>October 17, 2017</b>	<b>October 18, 2017</b>	<b>October 19, 2017</b>	<b>October 20, 2017</b>
GOLDEN GRAHAM CEREAL ^ Strawberry Pancake Square ^ Craisins Orange Juice Choice of Milk	SCRAMBLED EGGS ENGLISH MUFFIN ^ Diced Pears Grape Juice Choice of Milk	COCOA PUFFS ^ Vanilla Waffle Square ^ Fresh Fruit Blended Fruit Juice Choice of Milk	FRENCH TOAST STICKS ^ Fresh Fruit Apple Cherry Juice Syrup Choice of Milk	NO SCHOOL
<b>October 23, 2017</b>	<b>October 24, 2017</b>	<b>October 25, 2017</b>	<b>October 26, 2017</b>	<b>October 27, 2017</b>
RICE KRISPIES ^ Maple Breakfast Square ^ Craisins Blended Fruit Juice Choice of Milk	PANCAKES ^ Orange Juice Cinnamon Applesauce Syrup Choice of Milk	String Cheese Tropical Mini Loaf ^ Diced Peaches Apple Cherry Juice Assorted Jelly Choice of Milk	BREAKFAST BURRITO ^ Fresh Fruit Mixed Fruit Cup Salsa Choice of Milk	CINNAMON FLAKES ^ French Toast Breakfast Square ^ Fresh Fruit Apple Juice Choice of Milk
<b>October 30, 2017</b>	<b>October 31, 2017</b>	<b>November 1, 2017</b>	<b>November 2, 2017</b>	<b>November 3, 2017</b>
APPLE JACKS ^ Vanilla Waffle Square ^ Craisins Grape Juice Choice of Milk	BEEF SAUSAGE ON A BISCUIT ^ Diced Pears Blended Fruit Juice Assorted Jelly Choice of Milk			

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. \*\* MENU SUBJECT TO CHANGE \*\*

^ Denotes item is whole-grain/whole wheat

\*\*\* This institution is an equal opportunity provider.

PREFERREDMEALSMENU.COM

**FEATURE FOOD DAYS**

NATIONAL SCHOOL LUNCH WEEK

NATIONAL TACO DAY

MEATLESS MONDAY

BREAKFAST FOR LUNCH

MAKE YOUR OWN

NEW ITEMS

BUILD A BETTER BURGER

MAKE YOUR OWN SALAD